

SUMMIT NEWSLETTER









Centre canadien de l'agrément





















SEMI-HIATUS ANNOUNCEMENT

We are taking a break from programming this month*. We appreciate your understanding and support. We look forward to resuming our programming activities with renewed focus and energy!

*With the exception of gardening group





SEPTEMBER 2024

SUMMIT HOUSING & OUTREACH PROGRAMS MONTHLY PROGRAMMING CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1	LABOUR DAY OFFICES CLOSED	3	4	5	6	7
8	Gardening Group (Memorial Gardens) 12:00 - 1:00 pm	10	11	12	13	14
15	16	17	18	19	20	21
22	Gardening Group (Memorial Gardens) 12:00 - 1:00 pm	24	25	26	27	28
29	30	31				

Want to share your thoughts with Summit?

<u>Suggestion boxes</u> are available in our reception area in the Oakville office and Milton office.



Head Office:
Oakville Office
2305 Wyecroft Road, Suite 200
Oakville, ON L6L 6R2
T: 905-8+7-3206
F: 905-8+7-2959

Mailing Address P.O Box 6002± RPO Glen Abbey Oakville, ON L6M 3H2 Milton Office 2-917 Nipissing Road Milton, ON L9T 5E3 T: 905-876-1319 F: 905-876-2600



Web: www.summit-housing.ca Email: info@summit-housing.ca ACTT: actt@summit-housing.ca

Board Of Directors Announcement

July 9, 2024 Oakville, ON: The Board of Directors, Summit Housing & Outreach Programs (Summit), announces that after close to five years of service as the Executive Director (ED), Irene Zivko will be retiring effective December 20, 2024.

Irene began with Summit in 2007 as a registered social worker on the ACT Team. She moved into a management role in 2010 and has been leading the agency as the acting and then permanent ED since 2018. Her career has focused on non-profit leadership, operations, policy and program development within the mental health sector with specific interests in health equity and quality improvement.

"Irene became the permanent ED at Summit amid a global pandemic and has led the organization through challenging and shifting times. On behalf of the Board of Directors and the organization, we would like to thank Irene for her tireless service and thoughtful leadership," said Chelsea Kirkby, Chair of the Board of Directors in a statement.

"Over the past 17 years, I have had the privilege of working alongside a remarkable team dedicated to improving mental health services and supporting our community. Together we have achieved significant milestones and made a lasting impact on countless lives. I am incredibly proud of the work we have accomplished, from expanding our programs and services to forging strong partnerships within the community. I want to express my deepest gratitude to all of my colleagues for your support, collaboration, and friendship over the years. It has been an honour to lead this organization," said Irene in announcing her decision to take an early retirement.

The Board of Directors has established a committee to oversee the process of selecting Irene's successor. We anticipate there will be sufficient opportunity to ensure a smooth transition. We look forward to celebrating Irene's achievements and wish her all the best in her retirement.

Board of Directors
Summit Housing & Outreach Programs





"PARTNERS IN PROVIDING A BETTER QUALITY OF LIFE FOR THE PEOPLE WE SERVE."

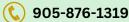


GERDENING GROUP



WHERE: MEMORIAL GARDENS
120 OAK PARK BLVD., OAKVILLE

Please contact Anamae to register:



aclaret@summit-housing.ca





Join our CBT Skills Group

Presented by

Sandra Mackay RSW, MSW

Jacob John RSW, MSW

"Transform your thoughts, transform your life"

From October 3, 2024 to November 7, 2024

Every Thursday 2:00 PM to 3:30 PM

Location: Webinar

For more information and sign up please contact:

smackay@summit-housing.ca

jjohn@summit-housing.ca

Limited spots available-sign up today!







Summit WELLNESS AWARDS 2024

Nominations are open until September 6, 2024. Ask your worker for the nomination form today!





Mental Health & Substance Use Webinars

Join us for our FREE virtual workshops & Check-N'-Chats | Open to ages 16+ For workshop description & more info, visit www.stride.on.ca



Check-N'-Chat

Sunday, September 15th 7:00 PM - 9:00 PM

Wednesday, September 25th 1:30 PM - 3:30 PM **NEW TIME**

Social: Arts & Games

Wednesday, September 18th 1:30 PM - 3:30 PM

For questions & registration, email or text us between the hours of 9:00 AM - 5:00 PM, Monday-Friday:

Tanya | TSanabria@stride.on.ca | 905-749-2389





















SEPTEMBER EMPLOYMENT READINESS WORKSHOP

Join us for our **FREE virtual** employment readiness workshop For workshop description & more information, visit <u>www.stride.on.ca</u>



Creating a Professional LinkedIn THURSDAY, SEPTEMBER 26TH, 2024 FROM 1:30 PM - 3:00 PM

For questions & registration, email or text us between the hours of 9:00 AM - 5:00 PM, Monday-Friday:

Tanya | TSanabria@stride.on.ca | 905-749-2389



















Food Bank Information MILTON

Salvation Army, Khi Community - Milton

820 Nipissing Rd. Market & curbside appointments can be booked by calling 905-875-1022 or visit https://www.khicommunity.com/family-services

No One Goes Hungry in Milton

Milton Bible Church, 121 Chisholm Drive 416-902-3983 or NOGHHaltonON@gmail.com Sun, 4 pm-6 pm, Drive Thru meal pick up

Country Heritage Park - FoodforLife Market

Admin Building, 8560 Tremaine Road, Milton Wednesdays 1-6pm

https://foodforlife.ca/neighbourhood-programs/

Milton Public Library, Beaty Branch

945 Fourth Line, Milton *Community Fridge, Food for Life Program GOOD food bags are available during Beaty Branch Open Hours Please email information@beinspired.ca call 905-875-2665 ext 3292 https://foodforlife.ca/neighbourhood-programs/

Milton Bible Church

121 Chisholm Drive, Milton 905-876-3586 Food for Life Program Thu 12 noon-1 pm, drive-through program Community Fridge: Thu 11 am-4 pm, Sat 11 am-4 pm and Sun 2 pm-5 pm https://foodforlife.ca/neighbourhood-programs/

Syyidah Aysha Centre - Milton Halal Food Bank

50 Steeles Ave E, Unit 23 Mon-Thu, 1 pm-5 pm, Sat & Sun 10 am-6 pm Please call or message 647-470-3499 or 647-250-5512 www.miltonhalalfoodbank.com

Optimist Club Outreach

Milton Sports Centre, 605 Santa Maria Blvd (community park entrance) Wed, 4:30 pm-6 pm *operating as a drive-thru program https://foodforlife.ca/neighbourhood-programs/

Milton Community Resource Centre

410 Bronte Street *Community Fridge, Food for Life Program Mon-Fri 8am - 4pm GOOD food bags available by calling 905-876-1244 https://foodforlife.ca/neighbourhood-programs/

Viola Desmond / MCRC EarlyON Community Fridge

1450 Leger Way

Mon - Thurs 8:30am - 4:30pm, Fri - 8:30am - 12:30pm GOOD food bags available during operating hours





St Alban's Anglican Church

19 St. Alban's Drive, Acton 519-853-3583 Thursday – 10:00 am https://foodforlife.ca/neighbourhood-programs/

Bethel Christian Reformed Church

365 Queen St. E., Acton

Must call the church to be a part of this program 519-853-2121

Thursday morning bag delivery – based on availability of volunteers

https://foodforlife.ca/neighbourhood-programs/

Acton Public Library

17 River Street, Acton (905) 873-2681 GOOD food bags available when the library is open. https://foodforlife.ca/neighbourhood-programs/

Community Fridge and Food Pantry

Links2Care Community Hub

McKenzie-Smith Bennett Public School, 19 Acton Blvd.

Monday - Friday - 9:30am - 3:00pm

GOOD food bags and non-perishable food items.

https://foodforlife.ca/neighbourhood-programs/

Acton FoodShare

352 Queen St. Unit 6 (519) 853-0457 Tues 830am – 230pm https://actonfoodshare.com/

Salvation Army Acton

130 Mill St East (519) 853-1140 or (519) 853-5610 Monday – Friday 930am – 12pm https://halton.cioc.ca/record/ACT0756



Food Bank Information GEORGETOWN

St John's United Church

11 Guelph Street (Guelph & Main) 905-877-2531 Tuesday – 9:00 am

St. Alban the Martyr Anglican Church

537 Main Street, Glen Williams 905-877-8323 Tuesday am bag delivery Please call to receive a bag – based on availability of volunteers

Community Fridge, Freezer and Food Pantry

Links2Care Community Hub, 360 Guelph St. Unit 33 Monday - Friday 8am - 4pm GOOD food bags, frozen meat and non-perishable food items

Georgetown Public Library

9 Church Street, Georgetown, (905) 873-2681 Monday - Friday 830am-430pm GOOD food bags available when the library is open.

Georgetown Bread Basket

49B Mountainview Rd. North, Georgetown (905) 873-3368 Tues 430-7pm, Weds & Sat 830am – 12pm

Salvation Army Georgetown

271 Mountainview Rd South (905) 877-1374 ext 101 Tues & Thurs 1-am-12pm By Appointment Only



Food Bank Information OAKVILLE

Clearview Christian Reformed Church

2300 Sheridan Garden Drive (Ford & Royal Windsor), 905-829-2242 Wednesday morning, Clients must call to receive a bag of food.

Focus is on the Clearview Neighbourhood

OakPark Neighbourhood Centre (FFL Partnering Agency)

2200 Sawgrass Dr, 905-257-6029 (Call to register)
Wednesday 10:15 am – 11:15 pm – Fresh Food Bag Pick Up

St. Luke's Anglican Church Palermo

3114 Dundas Street West, Book by calling 905-635-1106 x225 Thursday - 4-5:30 pm

Food for Life GOOD Food Fridge Oakville Public Library - Central Branch

120 Navy Street, Oakville, (905) 815-2042 GOOD food bags available when the library is open

Salvation Army Oakville

1225 Rebecca St, (905) 808-3406 tsaokvilleCFS@cogeco.net Wed & Fri 930am – 12pm, then 1pm-3pm, call for appointment

Hope Bible Church

500 Great Lakes Blvd (905) 827-4888 By Appointment Only https://hopeoakville.ca/market/

Fare Share Food Bank Oakville Inc

1240 Speers Road, 905-847-3988 Monday's 9:30 a.m. – 2:00 p.m. or Thursday's 2:00 p.m. – 6:45 p.m. https://oakvillefoodbank.com/contact/

Kerr Street Mission

485 Kerr Street, (905) 845-7485 (call to register) Monday - Saturday - hours vary each day https://www.kerrstreet.com/receive-help/

Dar Foundation

485 Morden Rd, (416) 904-0195 Wednesdays from 10:00 am to 02:00 pm https://darfoundation.com/services/food-bank/

Food Bank Information BURLINGTON



Mountainside Market

2258 Mountainside Drive, 905-635-1106, *By appointment only Tuesdays, Wednesdays & Thursdays 10 am - 6 pm https://foodforlife.ca/market/

St. Luke's Anglican

1382 Ontario St. (Brant and Lakeshore), 905-634-1826 Tuesday – 10:15 am - 11:45am

Brant Hills Presbyterian - Operating in the parking lot

2138 Brant St. (Brant & Upper Middle), 905-335-2640 Wednesday – 1:30 pm - 2 pm

Grace United Church (Tansley) - Operating in the parking lot

2111 Walkers Line (Walkers & Upper Middle) Book your curbside pickup time slot by calling 905-335-0090 Friday – 9:30 - 10:30 am

Compassion Society

484 Plains Rd E #14, Burlington, 905-592-3722 Monday/Wednesday 12-2:00 pm

Burlington Public Library - Aldershot Branch

550 Plains Rd E, Burlington, (905) 639-3611 GOOD food bags available when the library is open

Salvation Army Burlington

5040 Mainway Unit 9

Call 289-230-2556 to make an appointment

Mon (1PM – 3:30/4PM), Thurs (9AM – 12:00PM & 1PM-3:30/4 PM)

https://burlingtonsalvationarmy.ca/community-family-services/food-bank/

Compass Point Food Market

1500 Kerns Road, Burlington (905.336.0500) Food Market is open the 2nd and 4th Sat. of each month 9am – 10:30am https://compasspointbc.com/food-market/

Burlington Food Bank

1A – 1254 Plains Road East, 905-637-2273 Mon – Fri : 9:00 am – 11:45 am, Thursday evenings 5:00 pm – 7:00 pm https://www.burlingtonfoodbank.ca/

Wellington Square United Church, Community Meal Support

2121 Caroline Street, Burlington (905) 634-1849 llunski@wsquare.ca Friday HUB (10am-3pm) with free hot lunch served between 12-2pm. https://www.wsquare.ca/outreach/community-hub-and-lunch/



Contact Us



Health & Wellness Hub Milton

917 Nipissing Road, Unit 2 Milton, ON L9T 5E3

Phone: 905-876-1319

Head Office Oakville

2305 Wyecroft Road, Suite 200

Oakville, ON L6L 6R2

Phone: 905-847-3206

Email: info@summit-housing.ca

Website: www.summithousing.ca



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